

Aging And Diversity An Active Learning Experience 2nd Edition

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Social Work Practice with Ethnically and Racially Diverse Nursing Home Residents and Their Families - Patricia Kolb 2007-07-06

The first of its kind, this volume is a critical companion for service providers who work with African American, American Indian, Chinese, Italian, Japanese, Korean, Mexican American, and Puerto Rican elders and their families in nursing homes and other care settings. These groups are likely to use nursing homes in larger numbers as cultural shifts, such as higher divorce rates and increased outside-of-home employment for females, transform traditional family dynamics. Contributors are experience social workers, and most belong to the specific ethnic or racial group that is the focus of their chapter and have also provided nursing home services to this group. They provide a wealth of demographic, historical, cultural, and practice information crucial to understanding and providing services to older adults and their families. Many nursing home residents experience physical and/or cognitive debilitation and increased dependence as older adults, and cultural and situational differences create variations in how these changes are experienced and addressed. In this volume, contributors touch upon all of these areas, as well as ways in which prejudice and discrimination have shaped intergenerational and other relationships for members of specific ethnic and racial groups. Little has been written about the characteristics, needs, and experiences of racially and ethnically diverse nursing home residents and their families and requirements for culturally competent social work practice. Written by social workers for social workers and other service providers, this book fills a gap in a rapidly growing area of gerontological service and provides a truly comprehensive examination of cultural and practice phenomena.

The Cultural Context of Aging: Worldwide Perspectives, 4th Edition - Sokolovsky 2020-06-09

From the laughing clubs of India and robotic granny minders of Japan to the "Flexsecurity" system of Denmark and the elderscapes of Florida, experts in this collection bring readers cutting-edge and future-focused approaches to our aging population worldwide. In this fourth edition of an award-winning text on the consequences of global aging, a team of expert anthropologists and other social scientists presents the issues and possible solutions as our population over age 60 rises to double that of the year 2000. Chapters describe how the consequences of global aging will influence life in the 21st century in relation to biological limits on the human life span, cultural construction of the life cycle, generational exchange and kinship, makeup of households and community, and attitudes toward disability and death. This completely revised edition includes 20 new chapters covering China, Japan, Denmark, India, West and East Africa, Indonesia, Mexico, Peru, indigenous Amazonia, rural Italy, and the ethnic landscape of the United States. A popular feature is an integrated set of web book chapters listed in the contents, discussed in chapter introductions, and available on the book's website. Takes a qualitative, case study approach, with most chapters informed by original, ongoing field research around the world Draws its reputation from use in courses from anthropology, sociology, and psychology to social work, nursing, and public health at 60 universities Discusses and points readers to related web book chapters, available on the book's website Provides access to valuable web support offering literature updates, educational activities, videos, and more

Aging and Diversity - Chandra M. Mehrotra 2009

In a time of growing awareness of the diversity among elders, Mehrotra and Wagner provide an excitingly fresh perspective that helps readers develop a clearer understanding of gerontology that bridges the gap between students and service providers in the field.

Distance Learning Chandra Mehrotra 2001-09-21

What delivery methods are available to make education accessible to a wide variety of potential learners? What are their strengths and weaknesses? How can instructors create effective learning environments in distance courses? What support from administrators and staff is

essential? What guidelines are used by accrediting agencies to assure program quality? This highly readable book by three experienced faculty members answers these questions and more. Both theoretical and practical, the book presents proven principles and research-based advice. Drawing upon their experience with a variety of delivery modes, the authors provide readers with tips they can use in designing, implementing, and evaluating distance courses and programs.

Casebook of Clinical Geropsychology - Nancy Pachana 2010-09-30

Geropsychology - the field of psychology concerned with the psychological, behavioural, biological, and social aspects of aging - has developed rapidly in the past decade. This clinical casebook describes current best practice in managing complex cases involving common mental health issues in later life, by leading authorities in the field.

Promoting conscious and active learning and aging: how to face current and future challenges? - Albertina Lima de Oliveira 2013-12-01

The European Union has committed itself to the goal of extending the healthy lifespan of its citizens by two years under the 2020 strategy. This book brings together a diverse range of overviews, reflections and empirical research in the area which arise from the contribution of professionals and researchers from different fields of knowledge.

Together they undertake to suggest possible pathways and to inspire action in all those who see themselves as participants in the processes and endeavour of building a society which espouses active, dignified, healthy and mindful aging. The background perspective which informs this project - that which is commonly referred to as Lifelong Education - calls for an integrated approach from diverse areas of knowledge in the service of building a more enlightened society: less susceptible to the influence of prejudices, enriched with human beings driven by ideals of health, justice, solidarity and nobility of spirit. Life must be understood as a totality that takes meaning from all its phases and which stimulates the vast potential that human beings, including older people and society at large, with its various systems, have for the common good. Let us face the challenge of building a new humanism, placing human beings and the sustainability of all forms of life at the centre of the dynamic process of change!

Child Development From Infancy to Adolescence - Laura E. Levine 2018-11-29

Chronologically organized, *Child Development From Infancy to Adolescence, Second Edition* presents topics within the field of child development through unique and highly engaging Active Learning opportunities. The Active Learning features integrated within the print text and digital program foster a dynamic and personal learning process for students. Within each chapter, authors Laura E. Levine and Joyce Munsch introduce students to a wide range of real-world applications of psychological research to child development. The in-text pedagogical features and the accompanying digital components help students discover the excitement of studying child development and equip them with skills they can use long after completing the course.

The University of the Third Age and Active Ageing - Marvin Formosa 2019-07-01

This comparative resource charts the interface between the University of the Third Age (U3A) movement and active ageing, and in doing so, offers a comprehensive and thorough understanding of what U3A means in different geographical and sociocultural contexts. After first providing introductory chapters to introduce the U3A movement and active ageing in global perspective and tracing the origins of U3As in France, the book sets off charting the international development of U3As in both European and Asian-Pacific contexts. Deliberately, the book moves away from the dominant Anglo-centric US- and UK-rooted analyses of U3As to account for contexts of different political ideology, sociocultural values, geography, and degrees of urbanisation and industrialisation. Lastly, it thematises foreseeable issues, concerns, and predicaments that the

global U3A movement faces while meeting the challenges and seizing the opportunities presented by active ageing. The chapters' comparative perspectives encompass: Origins and development: The Francophone model of U3As The development and characteristics of U3As in European and Asian-Pacific geographies From social welfare to educational gerontology: U3As in China, Russia, Taiwan, Malaysia and South Korea U3As in Italy, Spain and Sweden: A dynamic, flexible, and accessible learning model Late-life learning for social inclusion: U3As in Poland, Iceland, United Kingdom, and Malta The U3A movement in Australia: From statewide networking to community engagement Cross-cultural perspectives on U3As: The case of Thailand The University of the Third Age and Active Ageing boasts welcome contributions to the scholarship on the different histories, structures, and challenges posed by national U3As. Readers from a variety of backgrounds and research interests including gerontology, geriatrics, active ageing, older adult learning, comparative education and educational technology will find this a necessary and valuable resource in better understanding a globalised U3A world. "The University of the Third Age and Active Ageing: European and Asian-Pacific Perspectives contributes to the deep well of histories, experiences, structures, accomplishments and problems of national U3As. It emerges as a tapestry of extraordinary research that offers to guide the U3A movement as it soon enters its fiftieth year of existence." - Prof. Stephen Katz. Trent University

Ethnicity and Old Age Torres, Sandra 2020-09-16

Winner of the Richard Kalish Innovative Publication Award 2021. Part of the Ageing in a Global Context series, this book proposes a new research agenda for scholarship that focuses on ethnicity, race and old age. It argues that in a time of increased international migration, population ageing and ethno-cultural diversity, scholarly imagination must be expanded as current research frameworks are becoming obsolete. By bringing attention to the way that ethnicity and race have been addressed in research on ageing and old age, with a focus on health inequalities, health and social care, intergenerational relationships and caregiving, the book proposes how research can be developed in an ethnicity astute and diversity informed manner.

Aging in Ontario - Wendy Lynn Maurier 2000

Geographically, Ontario is the largest province in Canada with a seniors' population exceeding 1.3 million persons. These seniors are diverse in terms of age, gender, ethnicity, socio-economic status, geographical location and health. The authors examine the effects of this diversity on the aging experience, and further explore the health and human service needs of these diverse groups. In addition, policy implications and challenges facing health and human service providers are also addressed. The book concludes with an overview of the availability and accessibility of services provided for Ontario seniors, and evaluation of the relevance of each service or program and suggestions for prospective programs intended for the diverse population of older persons living in Ontario.

Life Span Human Development (First Edition) - Claire W. Lyons
2016-08-24

The Longevity Prescription - Robert N. Butler 2010

A Mount Sinai geriatrics professor, WHO advisor and Pulitzer-winning author of *Why Survive?* outlines a program for thriving in one's senior years that is based on practices in eight areas including exercise, nutrition and interpersonal relationships.

The International Migration Review 2008

Aging and Diversity - Chandra Mehrotra, Ph.D. 2018-08-20

As the older population in the United States is becoming more racially and ethnically diverse, it is important to understand the characteristics, the potential, and the needs of this population. In this new and fully revised edition of *Aging and Diversity*, Chandra Mehrotra and Lisa Wagner address key topics in diversity and aging, discussing how the aging experience is affected by not only race and ethnicity but also gender, religious affiliation, social class, rural-urban community location, and sexual orientation and gender identity. Taking this broad view of human diversity allows the authors to convey some of the rich complexities facing our aging population - complexities that provide both challenges to meet the needs of a diverse population of elders and opportunities to learn how to live in a pluralistic society. Mehrotra and Wagner present up-to-date knowledge and scholarship about aging and diversity in a way that engages readers in active learning, placing ongoing emphasis on developing readers' knowledge and skills, fostering higher order thinking, and encouraging exploration of personal values

and attitudes.

Aging and Diversity Chandra Mehrotra 2018-08-14

As the older population in the United States is becoming more racially and ethnically diverse, it is important to understand the characteristics, the potential, and the needs of this population. In this new and fully revised edition of *Aging and Diversity*, Chandra Mehrotra and Lisa Wagner address key topics in diversity and aging, discussing how the aging experience is affected by not only race and ethnicity but also gender, religious affiliation, social class, rural-urban community location, and sexual orientation and gender identity. Taking this broad view of human diversity allows the authors to convey some of the rich complexities facing our aging population - complexities that provide both challenges to meet the needs of a diverse population of elders and opportunities to learn how to live in a pluralistic society. Mehrotra and Wagner present up-to-date knowledge and scholarship about aging and diversity in a way that engages readers in active learning, placing ongoing emphasis on developing readers' knowledge and skills, fostering higher order thinking, and encouraging exploration of personal values and attitudes.

Voicing Diverse Teaching Experiences, Approaches, and

Perspectives in Higher Education - Alvarez, Wilfredo 2022-04-22

The U.S. higher education system is changing demographically. With these complex changes also comes a greater diversity of people entering spaces that they could not previously access. This new dynamic is exciting; however, it also comes with challenges. New approaches must be developed to facilitate the acceptance of this greater diversity. *Voicing Diverse Teaching Experiences, Approaches, and Perspectives in Higher Education* extends the conversation on how to engage diverse and complex social identity groups in a system historically designed to be exclusive of their lived experiences. This book elevates the voices of people who have been absent in the academy and considers these experiences across various types of institutions, academic disciplines, and ranks. Covering topics such as critical race theory, diverse gender identities, and interpersonal needs, this book is an essential resource for higher education administrators, faculty and students of higher education, organizational leaders, academicians, pre-service teachers, and researchers.

AAGE Newsletter - 1992

CBMCS Multicultural Reader - Glenn C. Gamst 2008-02-19

Features a wellspring of seminal research studies critical to understanding the complex issues surrounding mental health care and diversity. Providing a wealth of in-depth research into delivering culturally competent care, this rich anthology examines general issues in multicultural counseling competence training; ethnic minority intervention and treatment research; and sociocultural diversities. Key Features and Benefits Features carefully selected research articles that are accessible to and practical for mental health practitioners and students Provides critical background research that sprang from rigorous research methods and multivariate statistical processes Opens with the key article that details the development of the ground-breaking 21-item California Brief Multicultural Competence Scale

Aging and Diversity - Chandra Mehrotra 2013-03-07

This new edition has been completely rewritten and includes chapters that address key topics in diversity and aging: research methods, psychological aging; health beliefs, behaviors, and services; health disparities; informal and formal care for older persons; work and retirement; religious affiliation and spirituality; and death, dying, and bereavement. Taking a broad view of diversity, Mehrotra and Wagner discuss elements of diversity such as gender, race or ethnicity, religious affiliation, social class, rural-urban community location and sexual orientation. Including these elements allows them to convey some of the rich complexities of our diverse culture - complexities that provide both challenges to meet the needs of diverse population and opportunities to learn how to live in a pluralistic society. Throughout the book, Mehrotra and Wagner present up-to-date knowledge and scholarship in a way that engages readers in active learning. Rather than simply transmitting information, the authors place ongoing emphasis on developing readers' knowledge and skills; fostering higher order thinking and encouraging exploration of personal values and attitudes. Distinctive features of the book include: Opening vignettes for each chapter that present a sampling of how the issues to be discussed apply to diverse elders. Active learning experiences that invite readers to interview diverse elders, conduct internet searches, and give an analysis of a case study. Quizzes at the end of the chapters help readers ascertain the extent to which they

have learned the material; the key for each quiz includes details about correct and incorrect responses so that additional learning can occur. Aging and Diversity Online boxes interspersed throughout the book provide internet resources that readers may use to find new research and publications. Suggested readings and audiovisual resources given at the end of each chapter serve as a guide to additional information on topics covered in the chapter. This approach of presenting the material will help the readers understand and apply key concepts and principles in ways that will not only improve the lives of older people they serve, but will also enhance their own aging experience.

Creating The World We Want To Live In - Bridget Grenville-Cleave
2021-03-29

This book is about hope and a call to action to make the world the kind of place we want to live in. Our hope is to provoke conversation, and gently challenge possibly long-held views, beliefs, and ideologies about the way the world works and the people in that world. Written by eminent researchers and experienced practitioners, the book explores the principles that underpin living well, and gives examples of how this can be achieved not just in our own lives, but across communities and the planet we share. Chapters cover the stages of life from childhood to ageing, the foundations of everyday flourishing, including health and relationships, and finally wellbeing in the wider world, addressing issues such as economics, politics and the environment. Based in the scientific evidence of what works and supported by illustrations of good practice, this book is both ambitious and aspirational. The book is designed for a wide audience - anyone seeking to create positive change in the world, their institutions or communities.

Psychology: Modules for Active Learning - Dennis Coon
2021-02-04

Updated, revised and reorganized, Coon, Mitterer and Martini's PSYCHOLOGY: MODULES FOR ACTIVE LEARNING, 15th Edition includes all-new chapter-specific learning outcomes and formative assessments based on Bloom's taxonomy. It is fully compatible with the new learning outcomes developed by the American Psychological Association. An emphasis on reflection, critical thinking and human diversity illustrates their importance as cross-cutting themes in psychology. In addition, each module cluster includes a full module devoted to skill development, highlighting skills that will help learners succeed both personally and professionally. The new edition retains the bestseller's engaging style, appealing visuals and detailed coverage of core topics and cutting-edge research. It builds on the proven modular format and on the teaching and learning tools integrated throughout. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Psychological Abstracts - Walter Samuel Hunter 1999

Teaching Aging - Nancy P. Kropf 2002

Diversity and the Recreation Profession - Maria Teresa Allison 2000
Essays dealing with incorporating diversity into recreational programs and practices.

Social Work Practice with Older Adults (First Edition) - Dawn Joosten-Hagye 2019-03-11

Social Work Practice with Older Adults: An Evidence-Based Approach helps future social workers identify effective evidence-based treatment options for aging populations. It helps readers cultivate the skills needed to successfully engage, assess, intervene, evaluate, and provide advocacy at micro, mezzo, and macro levels to older adults and their families. Emphasizing intersectionality theory, the text encourages readers to consider the context and intersecting diversity factors of the older adult client and involve them in treatment decision plans, empowering older adults to select culturally preferred and highly meaningful care. Students also learn the power of interdisciplinary collaboration and interagency coordination. Each chapter features case studies and a guide for framing community resources and other helping services for clients. Additionally, the book highlights issues and opportunities social workers are likely to encounter, including aging in prison settings, homelessness and sexual health, end-of-life issues, macro practice advocacy skills, and more. Social Work Practice with Older Adults challenges students to synthesize contextual, intersectional, and biopsychosocial/spiritual assessments to create effective treatment plans and apply appropriate interventions to aging populations. It is ideal for students studying social work and related disciplines.

Resources in Education - 1998

Empowerment Series: Social Work and Social Welfare - Rosalie

Ambrosino 2015-02-03

Reflecting the latest practices, accreditation requirements, and developments from the field, the eighth edition of bestselling SOCIAL WORK AND SOCIAL WELFARE gives readers a broad understanding about the social work profession and the role it plays in the social welfare system. Part of the Brooks/Cole Empowerment Series, the text is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). With its signature systems/ecological approach to understanding social welfare, the book focuses on specific social welfare areas in which social workers play major roles in policy and practice. It adopts the philosophy that there are many reasons why social problems occur, and that students need to understand the history, values, and economic, political, and cultural factors that surround these issues and the attempts to solve or address them. Instead of presenting a specific political perspective, the authors encourage readers to think critically about issues in a new way. Each chapter opens with a vignette about a social worker in a specific setting and closes with information about the career opportunities for social workers in the area discussed. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Long-Term Care Administration and Management - Darlene Yee-Melichar, EdD, FGSA, FAGHE 2014-02-07

"This concise guide to long-term services and supports introduces a broad array of topics and presents ideas on how to get more extensive information... A variety of graphs, tables, and charts make the information easy to understand. Overall the book is well-organized with chapters that can stand on their own... Readers considering going into long-term care management or administration would find this book a valuable tool."--Doody's Medical Reviews This is a comprehensive reference for long-term care administrators, practitioners and students who want to understand the options, issues, and trends related to the effective administration and management of long-term care communities. The book is unique in its in-depth focus on what needs to be accomplished and the evidence-based information about what actually works. Multifaceted insights address the ever-changing world of the long-term care industry and offer best practices and model programs in eldercare. This multidisciplinary book covers the most crucial aspects of management including federal and/or state regulations required to provide long-term care services and operate long-term care communities. It offers advice on care at home, naturally occurring retirement communities, and continuing care retirement communities, client care, staff retention, preventing elder abuse and neglect, anticipating and managing litigation and arbitration in long-term care, aging and human diversity, Alzheimer's Disease, palliative care, care transitions, and much more. Distilling many years of practical, research and teaching experience, the authors provide the necessary tools and tips that will enable professionals to maximize the quality of care and the quality of life for older adults living in long-term care communities. Each chapter includes helpful pedagogical features such as learning objectives, case studies, effective practices, and/or model programs in eldercare. Key Features: Based on federal and/or state regulations required to provide long-term care services and operate long-term care communities Examines the complex operations of long-term care options for effective eldercare Highlights the most cost-effective practices and model programs in long-term care communities that are currently used throughout the United States Provides useful tips about client care and staff retention as well as marketing and census development, financing and reimbursement, and legal issues Promotes innovative collaboration between education, research, and practice that is reflected by the training of the editors and contributing authors

Cross-cultural Practice - Karen V. Harper-Dorton 2007

Cultural awareness in the helping professions is crucial to providing the best possible care. In this expanded new edition of Cross-Cultural Practice, the authors uniquely present factors common to diverse ethnic and cultural populations that are useful in building cross-cultural competence. Building on the existential concepts of Victor Frankl, the text provides a framework for helping families and individuals discover meaning and meaning opportunities in daily living. The book is organized into chapters dedicated to specific population profiles. New chapters give an overview of key concepts used throughout the book and summarize the authors' theoretical approach toward cross-cultural practice. New to the Second Edition: Expanded material outlining key terms and concepts. New case studies. Current demographic and

lifestyle information on each population. Over 300 new references.

Psychology of Prejudice and Discrimination - Mary E. Kite 2022-07-25
Psychology of Prejudice and Discrimination provides a comprehensive and compelling overview of what psychological theory and research have to say about the nature, causes, and reduction of prejudice and discrimination. It balances a detailed discussion of theories and selected research with applied examples that ensure the material is relevant to students. This edition has been thoroughly revised and updated and addresses several interlocking themes. It first looks at the nature of prejudice and discrimination, followed by a discussion of research methods. Next come the psychological underpinnings of prejudice: the nature of stereotypes, the conditions under which stereotypes influence responses to other people, contemporary theories of prejudice, and how individuals' values and belief systems are related to prejudice. Explored next are the development of prejudice in children and the social context of prejudice. The theme of discrimination is developed via discussions of the nature of discrimination, the experience of discrimination, and specific forms of discrimination, including gender, gender identity, sexual orientation, age, ability, and appearance. The concluding theme is the reduction of prejudice. The book is accompanied by a comprehensive website featuring an Instructor Manual that contains activities and tools to help with teaching a prejudice and discrimination course; PowerPoint slides for every chapter; and a Test Bank with short answer and multiple-choice exam questions for every chapter. This book is an essential companion for all students of prejudice and discrimination, including those in psychology, education, social work, business, communication studies, ethnic studies, and other disciplines. In addition to courses on prejudice and discrimination, this book will also appeal to those studying racism and diversity.

New Directions in Aging Research - Ruby R. Brougham 2009

One of the greatest challenges of the 21st century is global ageing. A primary objective of this book is to review research that is at the forefront in providing information regarding the decline, maintenance, and improvements in health and cognition that are associated with age. Another objective is to provide information regarding pioneering methods to ameliorate age-related declines. It brings together scholars with a wide variety of expertise who present innovative ideas about lifestyle and brain health, quality of life issues, memory interventions, methodology for pain assessment, health communication, decision-making, future time perspective, and retirement goals. The reader will finish this book with a greater understanding of the problems and potential solutions for addressing the important problems of an ageing population. This timely book will make an important contribution to the current aging literature by offering new ideas to stimulate further research and application in understanding health, cognition, and ageing. This book is appropriate for advanced undergraduate students, graduate students, and professionals who study or work in the fields of psychology, gerontology, social work, human development and health fields such as nursing, physical therapy, and occupational therapy.

Handbook of Multicultural Counseling Competencies - Jennifer A. Erickson Cornish 2010-08-13

A THOROUGH AND CONTEMPORARY EXPLORATION OF ISSUES FUNDAMENTAL TO MULTICULTURAL COMPETENCY Handbook of Multicultural Counseling Competencies draws together an expert group of contributors who provide a wide range of viewpoints and personal experiences to explore the identification and development of specific competencies necessary to work effectively with an increasingly diverse population. Beginning with a Foreword by Derald Wing Sue, this unique handbook offers a broad, comprehensive view of multiculturalism that is inclusive and reflective. The coverage in this important book lies beyond the scope of traditionally defined multiculturalism, with discussion of historically overlooked groups that have experienced prejudice and bias because of their size, social class, age, language, disability, or sexual orientation. This book provides readers with: Practical cases and examples to enhance skill development, promote critical thinking, and increase awareness A cross-section of diversity characteristics and best practice guidelines Examination of detailed, developmentally relevant competency categories Resources and exercises designed for practitioners at various levels of experience and expertise A forum for debate, discussion, and growth Designed to help readers enhance general multicultural competency and their ability to provide services to the populations specifically described, this thought-provoking text will prove useful in facilitating ongoing dialogues about multicultural competence in all its variations.

Navigating Difficult Moments in Teaching Diversity and Social Justice

Mary E Kite 2020-10-13

This essential resource helps educators tackle common and challenging dilemmas that arise in today's classroom--such as diversity, privilege, and intersectionality. This book examines common issues educators face when teaching social justice and diversity-related courses and offers best practices for addressing them. Contributors discuss the many roles instructors play, inside and outside of college and university classrooms, for example, in handling personal threats, responsibly incorporating current events into classroom discussion, navigating their own stigmatized or privileged identities, dealing with bias in teaching evaluations, and engaging in self-care.

Nutrition and Integrative Medicine - Aruna Bakhru 2018-08-06

While medical professionals continue to practice traditional allopathic medicine, the public has turned toward nutritional and integrative medical therapies, especially for addressing the proliferation of chronic diseases. Written by leaders in the academic and scientific world, Nutrition and Integrative Medicine: A Primer for Clinicians presents various modalities to help restore health. This book provides users with a guide to evaluating and recommending nutritional and integrative therapies. The book offers insights on the microbiome of the human body, examines the relationship of human health to the microbiome of the food we ingest, and introduces the concept of "food as information." It provides enlightenment on anti-aging and healing modalities, mind-body medicine, and an investigation of psychological trauma as related to disease causation. Integrative therapies, including water, light, and sound therapy, are explored, and information on healing chronic disease through nutrition, the tooth-body connection, the role of toxins in disease causation, and electromagnetic field hypersensitivity, as well as its management, is presented.

Social Work with the Aged and Their Families - Roberta R. Greene 2011-12-31

In recent years, theoreticians, researchers, and practitioners have become increasingly interested in older adults and the aging process. This volume draws on related disciplines to better understand the biological, psychological, and social aspects of aging. Social Work with the Aged and Their Families covers areas of central interest to those coping with the needs of an aging population. Among the topics addressed are assessment of the aging, taking into account biological age, psychological age, and socio-cultural and spiritual age. Greene also considers the importance of the family system, family roles and development, functional-age individual and family intervention, and group and community interventions. The scientific and systematic study of aging is known as gerontology. Geriatric social workers are those who have applied established social work theories in an attempt to find suitable techniques for working with their elderly clients. The need for specialized services has given birth to various services and programs. For example, meals-on-wheels and home health care services have been designed to meet specific physical needs of older adults. However, mental health services have lagged far behind as practitioners struggled to adapt such specialties as family therapy to families of later years. A major contribution of this book, now in its third edition, is the functional-age model of intergenerational treatment (FAM), which is an outgrowth of that demand. The functional-age model of intergenerational treatment is an integrative theoretical framework for social workers interested in clinical social work practice with older adults and their families. Since its initial construction in 1986, the model has been augmented by more recent concepts related to successful aging, spirituality, and resiliency. These additions, together with the original assessment and intervention strategies, present the major converging conceptual trends that constitute a model for twenty-first century social work practice in the field of aging.

Teaching Racial, Ethnic, and Cultural Diversity in Social Work - Carrie Jefferson Smith 2000

Resilience and Aging - Helen Lavretsky 2014-10-20

A renowned geriatric psychiatrist explains how enhanced resilience—which involves positively adapting to adversity in a way that maintains a person's biological and psychological equilibrium—can counter the vulnerability to stress which many older adults can encounter.

Cross-Cultural Practice, Second Edition - Jim Lantz 2007-04

Cultural awareness in the helping professions is crucial to providing the best possible care. In this expanded new edition of Cross-Cultural Practice, the authors uniquely present factors common to diverse ethnic and cultural populations that are useful in building cross-cultural

competence. Building on the existential concepts of Victor Frankl, the text provides a framework for helping families and individuals discover meaning and meaning opportunities in daily living. The book is organized into chapters dedicated to specific population profiles. New chapters give an overview of key concepts used throughout the book and summarize the authors' theoretical approach toward cross-cultural practice.

Annual Review of Gerontology and Geriatrics, Volume 28, 2008
L. Sterns 2008-12-12

This volume addresses the extraordinary need to educate personnel at all levels in gerontology and geriatric medicine and in the design and delivery of health and social services. The historical development of gerontology and geriatric medicine and education issues are carefully considered with recommendations for curriculum design. The authors offer state of the art discussions on both gerontology and geriatrics, with implications for future research. The chapters, written by seminal figures in the field, address the critical need for well trained faculty and other professionals to: educate new and existing faculty and other professionals, educate researchers to accelerate scientific knowledge, provide courses for all students that address life-span/life/cycle

development and related materials, provide discipline specific courses on aging, and much more.

Aging and Social Policy in the United States Kusmaul 2021-10-26

Aging and Social Policy in the United States guides students through an exploration of social policies and policymaking that address the needs of older adults and their families. It situates the experiences of older adults in the context of their environment, examining social welfare policies that affect the rights and interests of older adults. The book begins with an introductory unit, providing a foundation for the book, defining key terms, describing how to analyze the impacts of a policy on a population, and examining the ways in which policy is positioned within societal assumptions. Utilizing the life course perspective, the middle three units of this book situate individual biological and psychological challenges of aging in the context of how they are addressed by individuals, families, and societies, identifying the strengths and challenges of existing and proposed social policies at each of these levels. The concluding unit provides comparative insights as to how aging issues are addressed in a sample of countries around the world. *Aging and Social Policy in the United States* provides undergraduate and graduate students with critical knowledge and perspectives on the complexities of addressing the needs of an aging population.