

Decisive How To Make Better Choices In Life And Work

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[Great Jobs for Everyone 50 +, Updated Edition](#) - Kerry E. Hannon 2017-11-06

You can find profitable, fulfilling work after 50! Kerry Hannon's national bestseller, Great Jobs for Everyone 50+, has become the job-hunting bible for people in their forties, fifties, and beyond. With her no-nonsense style, Hannon shows where the opportunities are and how to get them. In this completely revised edition, Hannon offers twice as many jobs and brand-new material to market your skills in today's job market, with expert tips on revamping a résumé, networking, interviewing like a pro, building a social media platform to stand out in the crowd, and much more. Whether you took early retirement, were laid off, are seeking a job that you will love, need supplemental income, or want to stay engaged and make a difference by giving back with your talents, Hannon's book is an essential tool. The truth is that many companies are looking for candidates with your experience, expertise, and maturity. The trick is finding those employers—and going into your search with a positive attitude and realistic expectations. This completely updated Great Jobs shows you how to avoid common job-seeking mistakes and helps you find your ideal employment in today's landscape.

[Thinking in Bets](#) - Annie Duke 2019-05-07

A Wall Street Journal bestseller, now in paperback. Poker champion turned decision strategist Annie Duke teaches you how to get comfortable with uncertainty and make better decisions. Even the best decision doesn't yield the best outcome every time. There's always an element of luck that you can't control, and there's always information hidden from view. So the key to long-term success (and avoiding worrying yourself to death) is to think in bets: How sure am I? What are the possible ways things could turn out? What decision has the highest odds of success? Did I land in the unlucky 10% on the strategy that works 90% of the time? Or is my success attributable to dumb luck rather than great decision making? Annie Duke, a former World Series of Poker champion turned consultant, draws on examples from business, sports, politics, and (of course) poker to share tools anyone can use to embrace uncertainty and make better decisions. For most people, it's difficult to say "I'm not sure" in a world that values and, even, rewards the appearance of certainty. But professional poker players are comfortable with the fact that great decisions don't always lead to great outcomes, and bad decisions don't always lead to bad outcomes. By shifting your thinking from a need for certainty to a goal of accurately assessing what you know and what you don't, you'll be less vulnerable to reactive emotions, knee-jerk biases, and destructive habits in your decision making. You'll become more confident, calm, compassionate, and successful in the long run.

[Decisive Women](#) - Dr. Nancy Fox 2016-04-11

Inspired by her mother's tenacity and will to live nearly ten years past a lung cancer diagnosis, Nancy Fox became curious about women's determination to rise above life's challenges and the why behind each woman's desire to live and thrive with dignity and self respect. The everyday-influential women contributing to this book reveal their commitment to the benefits, action, results, and service needed to triumph over life's challenges. They exemplify the alignment of beliefs and desires of their heart that positively affect themselves, their loved ones and countless others. Unique and personal stories about relationships, illness, truth, pets, and living life to the fullest are shared by the women authors from various backgrounds including entrepreneurs, parents, experts of all kinds and everyday-influential Decisive Women like you.

[Decision Quality](#) - Carl Spetzler 2016-02-24

Add value with every decision using a simple yet powerful framework Few things are as valuable in business, and in life, as the ability to make good decisions. Can you imagine how much more rewarding your life and your business would be if every decision you made were the best it could be? Decision Quality empowers you to make the best possible choice and get more of what you truly want from every decision. Dr. Carl Spetzler is a leader in the field of decision science and has worked with organizations across industries to improve their decision-making capabilities. He and his co-authors, all experienced consultants and educators in this field, show you how to frame a problem or opportunity, create a set of attractive alternatives, identify relevant uncertain information, clarify the values that are important in the decision, apply tools of analysis, and develop buy-in among stakeholders. Their straightforward approach is elegantly simple, yet practical and powerful. It can be applied to all types of decisions. Our business and our personal lives are marked by a stream of decisions. Some are small. Some are large. Some are life-altering or strategic. How well we make those decisions truly matters. This book gives you a framework and thinking tools that will help you to improve the odds of getting more of what you value from every choice. You will learn: The six requirements for decision quality, and how to apply them The difference between a good decision and a good outcome Why a decision can only be as good as the best of the available alternatives Methods for making both "significant" and strategic decisions The mental traps that undermine decision quality and how to avoid them How to deal with uncertainty—a factor in every important choice How to judge the quality of a decision at the time you're making it How organizations have benefited from building quality into their decisions. Many people are satisfied with 'good enough' when making important decisions. This book provides a method that will take you and your co-workers beyond 'good enough' to true Decision Quality.

[HBR's 10 Must Reads on Making Smart Decisions \(with featured article "Before You Make That Big Decision..." by Daniel Kahneman, Dan Lovallo, and Olivier Sibony\)](#) - Harvard Business Review 2013-03-05
Learn why bad decisions happen to good managers—and how to make better ones. If you read nothing else on decision making, read these 10 articles. We've combed through hundreds of articles in the Harvard Business Review archive and selected the most important ones to help you and your organization make better choices and avoid common traps. Leading experts such as Ram Charan, Michael Mankins, and Thomas Davenport provide the insights and advice you need to: Make bold decisions that challenge the status quo Support your decisions with diverse data Evaluate risks and benefits with equal rigor Check for faulty cause-and-effect reasoning Test your decisions with experiments Foster and address constructive criticism Defeat indecisiveness with clear accountability

[Think Again](#) - Sydney Finkelstein 2009-02-03

Why do smart and experienced leaders make flawed, even catastrophic, decisions? Why do people keep believing they have made the right choice, even with the disastrous result staring them in the face? And how can you be sure you're making the right decision--without the benefit of hindsight? Sydney Finkelstein, Jo Whitehead, and Andrew Campbell show how the usually beneficial processes of the human mind can become traps when we face big decisions. The authors show how the shortcuts our brains have learned to take over millennia of evolution can derail our decision making. Think Again offers a powerful model for

making better decisions, describing the key red flags to watch for and detailing the decision-making safeguards we need. Using examples from business, politics, and history, Think Again deconstructs bad decisions, as they unfolded in real time, to show how you can avoid the same fate.

SUMMARY - Decisive: How To Make Better Choices In Life And Work By Chip Heath And Dan Heath - Shortcut Edition 2021-06-10

* Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. By reading this summary, you will learn how to stop falling into the traps that lead you to make bad decisions. You will also learn to : broaden your perspectives; confront your assumptions with reality; take distance; prioritize your priorities. Chip and Dan Heath have developed an effective methodology to help you see opportunities and avoid falling into your usual ways. Point by point, they detail and analyze common blocking situations and propose relevant alternatives. With "How to make the right choices", you will never again be powerless in your decision making. On the contrary, you will feel in full possession of your means to seize the best opportunities, in the professional and private fields. *Buy now the summary of this book for the modest price of a cup of coffee!

Decisive - Chip Heath 2013-03-26

Chip and Dan Heath, the bestselling authors of Switch and Made to Stick, tackle one of the most critical topics in our work and personal lives: how to make better decisions. Research in psychology has revealed that our decisions are disrupted by an array of biases and irrationalities: We're overconfident. We seek out information that supports us and downplay information that doesn't. We get distracted by short-term emotions. When it comes to making choices, it seems, our brains are flawed instruments. Unfortunately, merely being aware of these shortcomings doesn't fix the problem, any more than knowing that we are nearsighted helps us to see. The real question is: How can we do better? In Decisive, the Heaths, based on an exhaustive study of the decision-making literature, introduce a four-step process designed to counteract these biases. Written in an engaging and compulsively readable style, Decisive takes readers on an unforgettable journey, from a rock star's ingenious decision-making trick to a CEO's disastrous acquisition, to a single question that can often resolve thorny personal decisions. Along the way, we learn the answers to critical questions like these: How can we stop the cycle of agonizing over our decisions? How can we make group decisions without destructive politics? And how can we ensure that we don't overlook precious opportunities to change our course? Decisive is the Heath brothers' most powerful—and important—book yet, offering fresh strategies and practical tools enabling us to make better choices. Because the right decision, at the right moment, can make all the difference.

How to Be More Decisive - Calypso Guo 2018-01-25

We all want to make better decisions. The right decisions. But decision-making is tricky. The best of us are occasionally plagued by doubt. We backtrack and remake decisions we already made. Unmade decisions clog up our minds and corrode our inner peace. We're trapped in overanalysis paralysis. The truth is, we have a finite amount of time in this world. And stewing unnecessarily over a decision is a poor way to spend it. This book will shorten your decision-making time by illuminating the 4 false beliefs of the indecisive mind. It seems like some people were born boldly decisive while others were cursed with a nagging sense of uncertainty. But this is an illusion. Decisiveness is not a gift but a skill - a skill anyone can practice and master. This skill is not taught in school, yet it is the cornerstone of success and personal fulfillment. This book will hone your decision-making skills by providing not only theory, but 20 applicable exercises pertaining to the 5 decisive arts: The Art of Presence The Art of Intuition The Art of Momentum The Art of Immediacy The Art of Perspective Never again will you waste your valuable time hesitating, worrying and flip-flopping between options and miss the chance to take action. Your decisiveness will amplify itself: heightening your confidence, inspiring respect from others, and empowering you to tackle the future fearlessly.

Winning Decisions - J. Edward Russo 2002-04-23

Business revolves around making decisions, often risky decisions, usually with incomplete information and too often in less time than we need. Executives at every level, in every industry, are confronted with information overload, less leeway for mistakes, and a business environment that changes rapidly. In light of this increased pressure and volatility, the old-fashioned ways of making decisions—depending on intuition,

common sense, and specialized expertise—are simply no longer sufficient. Distilling over thirty years of groundbreaking research, Winning Decisions, written by two seasoned business advisers and world leaders in behavioral decision studies, is a comprehensive, one-of-a-kind guide to the proven methods of making critical business decisions confidently, quickly—and correctly. Decision-making is a business skill which managers often take for granted in themselves and others—but it's not as easy as some might think. The authors, whose expertise has been sought out by over a hundred companies, including Arthur Andersen, Hewlett-Packard, IBM, and Unilever, contend that decision-making, like any other skill, must be developed and honed if it is to be used effectively. Winning Decisions offers step-by-step analyses of how people typically make decisions, and provides invaluable advice on how to improve your chances of getting your next big decision right the first time. The book is packed with worksheets, tools, questionnaires, case studies, and anecdotes analyzing major decisions made by organizations like British Airways, NASA, Shell Oil, and Pepsi. Some of the proven, straightforward techniques covered in Winning Decisions include how to: Reframe issues to ensure that the real problem is being addressed Improve the quality and quantity of your options Convert expert yet conflicting opinions into useful insights Make diversity of views and conflict work to your advantage Foster efficient and effective group decision-making Learn from past decisions—your own and those of others With Winning Decisions, managers and other professionals now have access to a proven set of skills and strategies they need for making the right decision, right away.

Decisive - Chip Heath 2013-03-28

Just making a decision can be hard enough, but how do you begin to judge whether it's the right one? Chip and Dan Heath, authors of #1 New York Times best-seller Switch, show you how to overcome your brain's natural shortcomings. In Decisive, Chip and Dan Heath draw on decades of psychological research to explain why we so often get it very badly wrong - why our supposedly rational brains are frequently tripped up by powerful biases and wishful thinking. At the same time they demonstrate how relatively easy it is to avoid the pitfalls and find the best answers, offering four simple principles that we can all learn and follow. In the process, they show why it is that experts frequently make mistakes. They demonstrate the perils of getting trapped in a narrow decision frame. And they explore people's tendency to be over-confident about how their choices will unfold. Drawing on case studies as diverse as the downfall of Kodak and the inspiring account of a cancer survivor, they offer both a fascinating tour through the workings of our minds and an invaluable guide to making smarter decisions. Winner in the Practical Manager category of the CMI Management Book of the Year awards 2014.

Smart Choices - John S. Hammond 2015-07-21

Become confident in your choices. Where should I live? Is it time to get a new job? Which job candidate should I hire? What business strategy should I pursue? We spend the majority of our lives making decisions, both big and small. Yet, even though our success is largely determined by the choices that we make, very few of us are equipped with useful decision-making skills. Because of this, we often approach our choices tentatively, or even fearfully, and avoid giving them the time and thought required to put our best foot forward. In Smart Choices, John Hammond, Ralph Keeney, and Howard Raiffa—experts with over 100 years of experience resolving complex decision problems—offer a proven, straightforward, and flexible roadmap for making better and more impactful decisions, and offer the tools to achieve your goals in every aspect of your life. Their step-by-step, divide-and conquer approach will teach you how to:

- Evaluate your plans
- Break your potential decision into its key elements
- Identify the key drivers that are most relevant to your goals
- Apply systematic thinking
- Use the right information to make the smartest choice

Smart Choices doesn't tell you what to decide; it tells you how. As you routinely use the process, you'll become more confident in your ability to make decisions at work and at home. And, more importantly, by applying its time-tested methods, you'll make better decisions going forward. Be proactive. Don't wait until a decision is forced on you—or made for you. Seek out decisions that advance your long-term goals, values, and beliefs. Take charge of your life by making Smart Choices a lifetime habit.

The 5 Second Rule - Mel Robbins 2017-02-28

Throughout your life, you've had parents, coaches, teachers, friends, and mentors who have pushed you to be better than your excuses and bigger than your fears. What if the secret to having the confidence and courage to enrich your life and work is simply knowing how to push yourself? Using the science habits,

riveting stories and surprising facts from some of the most famous moments in history, art and business, Mel Robbins will explain the power of a "push moment." Then, she'll give you one simple tool you can use to become your greatest self. It takes just five seconds to use this tool, and every time you do, you'll be in great company. More than 8 million people have watched Mel's TEDx Talk, and executives inside of the world's largest brands are using the tool to increase productivity, collaboration, and engagement. In The 5 Second Rule, you'll discover it takes just five seconds to: Become confident Break the habit of procrastination and self-doubt Beat fear and uncertainty Stop worrying and feel happier Share your ideas with courage The 5 Second Rule is a simple, one-size-fits-all solution for the one problem we all face—we hold ourselves back. The secret isn't knowing what to do—it's knowing how to make yourself do it. p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 12.0px Arial}

How to Decide - Annie Duke 2020-10-13

Through a blend of compelling exercises, illustrations, and stories, the bestselling author of Thinking in Bets will train you to combat your own biases, address your weaknesses, and help you become a better and more confident decision-maker. What do you do when you're faced with a big decision? If you're like most people, you probably make a pro and con list, spend a lot of time obsessing about decisions that didn't work out, get caught in analysis paralysis, endlessly seek other people's opinions to find just that little bit of extra information that might make you sure, and finally go with your gut. What if there was a better way to make quality decisions so you can think clearly, feel more confident, second-guess yourself less, and ultimately be more decisive and be more productive? Making good decisions doesn't have to be a series of endless guesswork. Rather, it's a teachable skill that anyone can sharpen. In How to Decide, bestselling author Annie Duke and former professional poker player lays out a series of tools anyone can use to make better decisions. You'll learn:

- To identify and dismantle hidden biases.
- To extract the highest quality feedback from those whose advice you seek.
- To more accurately identify the influence of luck in the outcome of your decisions.
- When to decide fast, when to decide slow, and when to decide in advance.
- To make decisions that more effectively help you to realize your goals and live your values.

Through interactive exercises and engaging thought experiments, this book helps you analyze key decisions you've made in the past and troubleshoot those you're making in the future. Whether you're picking investments, evaluating a job offer, or trying to figure out your romantic life, How to Decide is the key to happier outcomes and fewer regrets.

Decision Making - Ryan Cooper 2015-08-02

"Decision Making" contains proven steps and strategies on how to evaluate choices to quickly and confidently make strong decisions and have the self discipline to stick with your decisions to see them through. Today only, get this Amazing Amazon book for this incredibly discounted price! If you are like most people, you hate making important decisions. To be successful in most areas of life you need to be good at decision making! That is where this book comes in handy. If you would like to be good at making critical decisions and increase your critical thinking skills when it comes to decision making then this book is just what you are looking for! You will learn all the aspects that go into making a decision and most importantly, you will feel good about it! This book will help you understand how important it is to make decisions quickly and confidently. There are situations in life when quick thinking and decision making with confidence is required. You cannot afford to waste any precious time with indecision when faced with life or death situations. You will also learn about different decision making strategies such as using intuition, sticking to your decision, and focusing on making the right decisions. This book also tackles different leadership principles to increase productivity and taking action immediately by avoiding procrastination as it all relates to decision making. You can also use the quick decision making checklist to help you arrive at the right decision in the shortest time possible. Here Is A Preview Of What You'll Learn... The Importance Of Making Decisions Quickly And Confidently Critical Thinking Action Plan And Strategy For Decision Making Success How To Use Intuition To Make Critical Decisions Quickly How To Feel Confident In Your Decision Making And Have The Self Discipline To Stick To It Stop Worrying About Making The Wrong Decisions And Get Focused On Making The Right Ones Leadership Principles For Making Good Decisions And Increasing Productivity How To Stop Procrastination And Take Action Immediately Checklist For Making Great Decisions In Record Time Much, Much More! Get your copy today!

The Power of Moments - Chip Heath 2017-10-03

The New York Times bestselling authors of Switch and Made to Stick explore why certain brief experiences can jolt us and elevate us and change us—and how we can learn to create such extraordinary moments in our life and work. While human lives are endlessly variable, our most memorable positive moments are dominated by four elements: elevation, insight, pride, and connection. If we embrace these elements, we can conjure more moments that matter. What if a teacher could design a lesson that he knew his students would remember twenty years later? What if a manager knew how to create an experience that would delight customers? What if you had a better sense of how to create memories that matter for your children? This book delves into some fascinating mysteries of experience: Why we tend to remember the best or worst moment of an experience, as well as the last moment, and forget the rest. Why “we feel most comfortable when things are certain, but we feel most alive when they’re not.” And why our most cherished memories are clustered into a brief period during our youth. Readers discover how brief experiences can change lives, such as the experiment in which two strangers meet in a room, and forty-five minutes later, they leave as best friends. (What happens in that time?) Or the tale of the world’s youngest female billionaire, who credits her resilience to something her father asked the family at the dinner table. (What was that simple question?) Many of the defining moments in our lives are the result of accident or luck—but why would we leave our most meaningful, memorable moments to chance when we can create them? The Power of Moments shows us how to be the author of richer experiences.

Thinking - John Brockman 2013-10-29

Unlock your mind. From the bestselling authors of Thinking, Fast and Slow; The Black Swan; and Stumbling on Happiness comes a cutting-edge exploration of the mysteries of rational thought, decision-making, intuition, morality, willpower, problem-solving, prediction, forecasting, unconscious behavior, and beyond. Edited by John Brockman, publisher of Edge.org ("The world's smartest website"—The Guardian), Thinking presents original ideas by today's leading psychologists, neuroscientists, and philosophers who are radically expanding our understanding of human thought. Contributors include: Daniel Kahneman on the power (and pitfalls) of human intuition and "unconscious" thinking Daniel Gilbert on desire, prediction, and why getting what we want doesn't always make us happy Nassim Nicholas Taleb on the limitations of statistics in guiding decision-making Vilayanur Ramachandran on the scientific underpinnings of human nature Simon Baron-Cohen on the startling effects of testosterone on the brain Daniel C. Dennett on decoding the architecture of the "normal" human mind Sarah-Jayne Blakemore on mental disorders and the crucial developmental phase of adolescence Jonathan Haidt, Sam Harris, and Roy Baumeister on the science of morality, ethics, and the emerging synthesis of evolutionary and biological thinking Gerd Gigerenzer on rationality and what informs our choices

Decisive - Chip Heath 2014-02-06

Just making a decision can be hard enough, but how do you begin to judge whether it's the right one? Chip and Dan Heath, authors of #1 New York Times best-seller Switch, show you how to overcome your brain's natural shortcomings. In Decisive, Chip and Dan Heath draw on decades of psychological research to explain why we so often get it very badly wrong - why our supposedly rational brains are frequently tripped up by powerful biases and wishful thinking. At the same time they demonstrate how relatively easy it is to avoid the pitfalls and find the best answers, offering four simple principles that we can all learn and follow. In the process, they show why it is that experts frequently make mistakes. They demonstrate the perils of getting trapped in a narrow decision frame. And they explore people's tendency to be over-confident about how their choices will unfold. Drawing on case studies as diverse as the downfall of Kodak and the inspiring account of a cancer survivor, they offer both a fascinating tour through the workings of our minds and an invaluable guide to making smarter decisions. Winner in the Practical Manager category of the CMI Management Book of the Year awards 2014.

Deci si veness Sergio Craig 2015-08-18

Did I just make the best possible decision? Could there have been a better option? Should I have taken the other road? Am I getting the most out of my efforts and resources? While an abundance of choices is part of the very fabric of affluent civilized society, more often than not, it simply leads to a state where we either stagnate without moving forward, postpone the decision to an indefinite future, or altogether run away to

avoid landing in situations which would require decisiveness on our part. Unfortunately, such wishy-washy half-measures can hardly put off the reality of life. Whether for personal or professional advancement, to gain anything at all, we need to be fully prepared and equipped to make difficult choices at every turn. But how can we be certain that the path taken is the right choice? That's where this book comes in. So step up to the plate and get ready to master the art of decision-making. Take the reins of your life firmly back into your own hands, learn how to channel your efforts and throw your weight behind your choices, and turn into a powerful force to be reckoned with. Let's get started!

How to Make the Right Decision Every Time - Karen Jensen Salisbury 2015-01-06

MAKE TOUGH CHOICES WITH FAITH AND CONFIDENCE.

Singin' and Swingin' and Gettin' Merry Like Christmas - Maya Angelou 2009-04-21

In this third self-contained volume of her autobiography, which began with *I Know Why the Caged Bird Sings*, Maya Angelou moves into the adult world, and the white world as well, as she marries, enters show business, and tours Europe and Africa in *Porgy and Bess*. As the book opens, Maya, in order to support herself and her young son, gets a job in a record shop run by a white woman. Suspicious of almost any kindness shown her, she is particularly confused by the special attentions of a young white customer. Soon the relationship grows into love and then marriage, and Maya believes a permanent relationship is finally possible. But it is not to be, and she is again forced to look for work. This time she finds a job as a dancer in a sleazy San Francisco bar. Her remarkable talent, however, soon brings her attention of a different kind, and before long she is singing in one of the most popular nightclubs on the coast. From there, she is called to New York to join the cast of *Porgy and Bess*, which is just about to begin another tour abroad. The troupe's joyous and dramatic adventure through Italy, France, Greece, Yugoslavia, and Egypt becomes the centerpiece of *Singin' and Swingin'*. This remarkable portrayal of one of the most exciting and talented casts ever put together, and of the encounters between these larger-than-life personalities and audiences who had rarely seen black people before, makes a hilarious and poignant story. The excitement of the journey—full of camaraderie, love affairs, and memorable personalities—is dampened only by Maya's nagging guilt that she has once again abandoned the person she loves most in life, her son. Back home, and driven close to suicide by her guilt and concern, she takes her son with her to Hawaii, where she discovers that devotion and love, in spite of forced absence, have the power to heal and sustain. As always, Maya Angelou's writing is charged with that remarkable sense of life and love and unique celebration of the human condition that have won her such a loyal following.

Sources of Power - Gary A. Klein 1999-02-18

Anyone who watches the television news has seen images of firefighters rescuing people from burning buildings and paramedics treating bombing victims. How do these individuals make the split-second decisions that save lives? Most studies of decision making, based on artificial tasks assigned in laboratory settings, view people as biased and unskilled. Gary Klein is one of the developers of the naturalistic decision making approach, which views people as inherently skilled and experienced. It documents human strengths and capabilities that so far have been downplayed or ignored. Since 1985, Klein has conducted fieldwork to find out how people tackle challenges in difficult, nonroutine situations. *Sources of Power* is based on observations of humans acting under such real-life constraints as time pressure, high stakes, personal responsibility, and shifting conditions. The professionals studied include firefighters, critical care nurses, pilots, nuclear power plant operators, battle planners, and chess masters. Each chapter builds on key incidents and examples to make the description of the methodology and phenomena more vivid. In addition to providing information that can be used by professionals in management, psychology, engineering, and other fields, the book presents an overview of the research approach of naturalistic decision making and expands our knowledge of the strengths people bring to difficult tasks.

Switch - Chip Heath 2010-02-16

Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller *Made to Stick*. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change

something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In *Switch*, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results:

- The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients
- The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping
- The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service

In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. *Switch* shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

Swimming Across - Andrew Grove 2019-08-09

Elegant and concise, this childhood memoir of Andy Grove, one of the pioneers of Silicon Valley, begins in Budapest, Hungary where the author was born into a secular Jewish family in 1936. As a small child, Andris Grof was told, "Jesus Christ was killed by the Jews, and because of that, all of the Jews will be thrown into the Danube." Grof's school years were marked by such anti-semitism and interrupted first by the Nazi occupation and then by the post-war Communist regime. He was a good student who excelled at chemistry which he was studying at the University of Budapest when the Hungarian uprising of 1956 persuaded him to "swim across" the border and emigrate to the West. Grove provides an interesting sketch of a boy's coming of age in a deeply dangerous 20th century Budapest under the control of Nazis and then Communists and concludes the memoir with an account of his escape and eventual resumption of his studies at the City College of New York. "Haunting and inspirational. It should be required reading in schools." — Tom Brokaw "A poignant memoir... a moving reminder of the meaning of America and the grit and courage of a remarkable young man who became one of America's phenomenal success stories." — Henry Kissinger "This honest and riveting account gives a fascinating insight into the man who wrote *Only the Paranoid Survive*." — George Soros "Andy Grove is a tremendous role model, and his book sheds light on his amazing journey. I would choose him as my doubles partner any day!" — Monica Seles "Combines a unique and often harrowing personal experience with the virtues of fiction at its most engrossing — vivid scenes, sharply delineated characters, and an utterly compelling narrative... a wonderful reading experience." — Richard North Patterson "A poignant tale leading to human courage and hope." — Elie Wiesel "Grove, the founder and chairman of Intel Corporation, does not whine about his hardships. Instead he recalls ordinary events and matter-of-factly juxtaposes these against the turmoil of midcentury Hungary, creating a subtle though compelling commentary on the power to endure." — Diane Scharper, *The New York Times* "Swimming Across tells the childhood stories [Grove] has guarded since first entering the public eye four decades ago... [It] is driven not by executives battling for money and power, but the experiences — some mundane, some extraordinary — of a nonobservant Jewish boy growing up in Hungary through a fascist regime, a Nazi invasion and a Soviet occupation." — Chris Gaither, *The New York Times* "The intelligence, dedication and ingenuity that earned him fame and fortune (he was *Time's* Man of the Year in 1997) are evident early on... Grove's story stands smartly amid inspirational literature by self-made Americans" — *Publishers Weekly* "A tight, simply told, extremely intimate memoir... a polished, solid portrait of a particular time and place." — *Kirkus* "[A] moving and inspiring memoir... Grove's account of life in Hungary in the 1950s is a vivid picture of a tumultuous period in world history." — *Booklist*

Fear of Missing Out - Patrick J. McGinnis 2020-05-05

What are you really missing out on? You're home on a Friday night, scrolling through Instagram, ready to go to bed. You see pictures on your timeline of a party you were invited to, but didn't go to. You were confident when you said no, but now you can't stop thinking about it, and you start feeling worse. You have FOMO, or, Fear of Missing Out. Coined in a Harvard Business School article, FOMO has become a global term to describe the decimating anxiety when thinking other people are having better, more fulfilling, experiences than you are. It's a natural, biological response, but that doesn't make it feel any better. Amplified by the rise of social media, #FOMO has become a cultural crisis—so what's the cure? Patrick McGinnis, creator of the term FOMO, has been thinking about it for seventeen years—and he has a

solution: decision-making. Learning to weigh the costs and benefits of your choices, prioritizing your decisions, and listening to your gut are central to silencing FOMO and its lesser-known cousin, FOBO: Fear of a Better Option. After all, don't you want to feel comfortable and confident in your decisions? Written with self-evaluations throughout the book, *Fear of Missing Out: Practical Decision Making in a World of Overwhelming Choice* helps you ascertain and eliminate the parts of your life that are causing more anxiety than happiness. So give this a read, and then go to that party, start that new book, create a new goal—or don't. Make that decision, and be confident in it: it's the first of many of its kind.

How to Ikigai - Tim Tamashiro 2019-01-31

Live Your Best Life Ancient, time-tested wisdom: Okinawa, Japan is a tiny, tiny island south of the Japanese mainland where people live their life's purpose every day. How is it possible for so many to live each day in such meaningful ways? The Okinawan concept of Ikigai. How to Ikigai describes the lifestyle choices that have led to an island full of fulfilled, long-living people. Magical reality come to life: Examples of ikigai in action are often magical. Take David Michiels. David stuttered severely well into his adulthood. In clinical terms, his stutter was difficult to treat. But David started to work in a liquor store. Before long, his focus turned to one specific section of the sales floor: the scotch section. As he spent more of his days learning about scotch, he began to share his knowledge with customers. Eventually, David noticed that his stutter vanished when he talked to anyone about scotch. Over time, David's passion led to a new life. Today, he is a renowned whiskey expert, traveling the world tasting and purchasing whiskey on behalf of his employer. He feels his life is meaningful because of ikigai. A humble look at happiness: Bringing together an exploration of joy not unlike that of *The Book of Joy* by the Dalai Lama and Archbishop Desmond Tutu, a look inward reminiscent of *The Untethered Soul* by Michael A. Singer, and deep truths like those explored by Singer in *The Surrender Experiment*, *How to Ikigai* describes the concept of Ikigai with clarity and meaning. How to Ikigai explains a simple but abstract map for living a meaningful life. After reading this book, you will understand how to implement Ikigai's four directions in your own life: • Do what you love • Do what you're good at • Do what the world needs • Do what you can be rewarded for

Decide and Conquer - David Siegel 2022-03-08

Success boils down to one thing: making good decisions. Learn the right framework now that can make all the difference later when faced with terrible options, deep anxiety and fear of failure. Access the decision framework David Siegel used when he took over as CEO of Meetup, the world's leading platform for making connections and finding your community. Let David's success during one of the most tumultuous times in his company's history help guide you on your own path. *Decide and Conquer* helps all leaders navigate the big decisions that will impact their future and make their organizations a success. David outlines the 44 challenges leaders face when starting a new position, then shows you the decision framework he applied to overcome challenges in his own role. David takes you on an epic journey of corporate and personal survival that includes industry titans like Adam Neumann, Barry Diller, Jack Welch, Bill Ackman, and other leaders. In *Decide and Conquer*, you will learn to: Apply principles like open communication, transparency, and kindness to inform great decision making. Set yourself up to succeed, even before you start, by removing potential roadblocks before they become a problem. Be a bold and decisive leader and not succumb to fear. By applying the principles he had learned in previous leadership positions, David was able to make the many critical decisions that would mean life or death for Meetup when WeWork decided to sell the company. From deciding to accept the position and negotiating terms to managing a seemingly endless series of crises during the sale and global pandemic, *Decide and Conquer* walks readers through the key decisions they will face with invaluable advice for each one.

Upstream - Dan Heath 2020-03-03

Wall Street Journal Bestseller New York Times bestselling author Dan Heath explores how to prevent problems before they happen, drawing on insights from hundreds of interviews with unconventional problem solvers. So often in life, we get stuck in a cycle of response. We put out fires. We deal with emergencies. We stay downstream, handling one problem after another, but we never make our way upstream to fix the systems that caused the problems. Cops chase robbers, doctors treat patients with chronic illnesses, and call-center reps address customer complaints. But many crimes, chronic illnesses, and customer complaints are preventable. So why do our efforts skew so heavily toward reaction rather

than prevention? *Upstream* probes the psychological forces that push us downstream—including “problem blindness,” which can leave us oblivious to serious problems in our midst. And Heath introduces us to the thinkers who have overcome these obstacles and scored massive victories by switching to an upstream mindset. One online travel website prevented twenty million customer service calls every year by making some simple tweaks to its booking system. A major urban school district cut its dropout rate in half after it figured out that it could predict which students would drop out—as early as the ninth grade. A European nation almost eliminated teenage alcohol and drug abuse by deliberately changing the nation's culture. And one EMS system accelerated the emergency-response time of its ambulances by using data to predict where 911 calls would emerge—and forward-deploying its ambulances to stand by in those areas. *Upstream* delivers practical solutions for preventing problems rather than reacting to them. How many problems in our lives and in society are we tolerating simply because we've forgotten that we can fix them?

Decision Making For Dummies - Dawna Jones 2014-09-11

Discover the best approaches for making business decisions Today's business leaders have to face the facts—you can't separate leadership from decision making. The importance of making decisions, no matter how big or small, cannot be overstated. *Decision Making For Dummies* is a candid resource that helps leaders understand the impact of their choices, not only on business, but also on their credibility and reputation. Designed for managers, business owners, and anyone else who makes tough decisions on a daily basis, this guide helps you figure out if the decisions you're making are the right ones. In addition to helping you explore how to evaluate your choices, *Decision Making For Dummies* covers ways to receive support for decision making, delves into various decision-making styles, reviews the importance of sifting through data and information, and includes information on ways to engage others and make decisions collectively. Being in charge can be challenging, but with this guide, you don't have to go it alone. Discusses the effects of decision making and outlines the considerations that must be made to gain trust and confidence Demonstrates ways to communicate particularly sensitive decisions, and offers approaches for making bold decisions that challenge the status quo Delves into the risks and benefits of certain decisions, and shows readers the best ways to evaluate choices Outlines smart strategies for engaging others and drawing them into the decision-making process Crucial decisions need to be made every day in the business world, so there's no time to waste. Make *Decision Making For Dummies* your primary resource for learning to choose your actions wisely and confidently.

The Paradox of Choice - Barry Schwartz 2009-10-13

Whether we're buying a pair of jeans, ordering a cup of coffee, selecting a long-distance carrier, applying to college, choosing a doctor, or setting up a 401(k), everyday decisions—both big and small—have become increasingly complex due to the overwhelming abundance of choice with which we are presented. As Americans, we assume that more choice means better options and greater satisfaction. But beware of excessive choice: choice overload can make you question the decisions you make before you even make them, it can set you up for unrealistically high expectations, and it can make you blame yourself for any and all failures. In the long run, this can lead to decision-making paralysis, anxiety, and perpetual stress. And, in a culture that tells us that there is no excuse for falling short of perfection when your options are limitless, too much choice can lead to clinical depression. In *The Paradox of Choice*, Barry Schwartz explains at what point choice—the hallmark of individual freedom and self-determination that we so cherish—becomes detrimental to our psychological and emotional well-being. In accessible, engaging, and anecdotal prose, Schwartz shows how the dramatic explosion in choice—from the mundane to the profound challenges of balancing career, family, and individual needs—has paradoxically become a problem instead of a solution. Schwartz also shows how our obsession with choice encourages us to seek that which makes us feel worse. By synthesizing current research in the social sciences, Schwartz makes the counterintuitive case that eliminating choices can greatly reduce the stress, anxiety, and busyness of our lives. He offers eleven practical steps on how to limit choices to a manageable number, have the discipline to focus on those that are important and ignore the rest, and ultimately derive greater satisfaction from the choices you have to make.

Decision Analysis for Managers - David Charlesworth 2013-03-13

Everybody has to make decisions—they are unavoidable. Yet we receive little or no education or training on

how to make decisions. Business decisions can be difficult: which people to hire, which product lines or facilities to expand and which to sell or shut down, which bid or proposal to accept, which process to implement, how much R&D to invest in, which environmental projects should receive the highest priority, etc. This book gives you all the tools you need to...

- clarify and reach alignment on goals and objectives and understand trade-offs in reaching those goals,
- develop and examine alternatives,
- systematically analyze the effects of risk and uncertainty, and
- maximize the chances of achieving your goals and objectives.

Success (getting what you want) depends on luck and good decision making. You can't control your luck, but you can maximize your odds by making the best possible decisions, and this book gets you there. Broadly speaking, this book organizes and presents otherwise formal decision-making tools in an intuitively understandable fashion. The presentation is informal, but the concepts and tools are research-based and formally accepted.

Decide & Deliver - Marcia W. Blenko 2010

-Identify your critical decisions. Focus on those that matter most to your company's performance. --

Decisive Intuition - Nick Snyder 2019-03-01

At last a practical guide on intuitive decision-making for anyone in the business world to get to the answer they need faster. Intuition is the great differentiator in business. Listening to, trusting, and acting on your intuitive intelligence separates you from the pack as most people are not listening to theirs. Intuition is the one intangible skill that enables teams to function at a higher level and add more dimension and power to their ability to solve problems and grow. Yet the question that each business leader and manager struggles to answer is how do you train and develop intuitive thinking in a team to achieve the greatest result? Decisive Intuition is for business leaders, managers, and employees who want answers to this question and are ready to accelerate their company culture. Practice this 6-step process for harnessing your intuitive intelligence with practical business applications. Hear how successful business leaders are integrating intuitive skills into their companies for cutting-edge results. Explore directional, social, and informational intuition and how you can apply them to different areas of your business for greater results. Learn about the 5 roadblocks to accessing your intuitive intelligence and how to overcome them. Discover the latest findings in neuroscience and techniques to access your intuitive, subconscious mind for arriving at better decisions, faster.

Decisive - Chip Heath 2013-03-26

Chip and Dan Heath, the bestselling authors of *Switch* and *Made to Stick*, tackle one of the most critical topics in our work and personal lives: how to make better decisions. Research in psychology has revealed that our decisions are disrupted by an array of biases and irrationalities: We're overconfident. We seek out information that supports us and downplay information that doesn't. We get distracted by short-term emotions. When it comes to making choices, it seems, our brains are flawed instruments. Unfortunately, merely being aware of these shortcomings doesn't fix the problem, any more than knowing that we are nearsighted helps us to see. The real question is: How can we do better? In *Decisive*, the Heaths, based on an exhaustive study of the decision-making literature, introduce a four-step process designed to counteract these biases. Written in an engaging and compulsively readable style, *Decisive* takes readers on an unforgettable journey, from a rock star's ingenious decision-making trick to a CEO's disastrous acquisition, to a single question that can often resolve thorny personal decisions. Along the way, we learn the answers to critical questions like these: How can we stop the cycle of agonizing over our decisions? How can we make group decisions without destructive politics? And how can we ensure that we don't overlook precious opportunities to change our course? *Decisive* is the Heath brothers' most powerful—and important—book yet, offering fresh strategies and practical tools enabling us to make better choices. Because the right decision, at the right moment, can make all the difference.

Critical Thinking - Tom Chatfield 2017-10-23

Do you need to demonstrate a good argument or find more evidence? Are you mystified by your tutor's comment 'critical analysis needed'? What does it really mean to think well - and how do you learn to do it? Critical thinking is a set of techniques. You just need to learn them. So here's your personal toolkit for demystifying critical engagement. I'll show you how to sharpen your critical thinking by developing and practicing this set of skills, so you can... Spot an argument and get why reasoning matters Sniff out errors

and evaluate evidence Understand and account for bias Become a savvy user of technology Develop clear, confident critical writing. Designed to work seamlessly with a power pack of digital resources and exercises, you'll find practical and effective tools to think and write critically in an information-saturated age. No matter whether you're launching on your first degree or arriving as an international or mature student, *Critical Thinking* gives you the skills, insights and confidence to succeed. In your critical thinking toolkit Watch the 10 commandments videos - life rules to change how you think Smart Study boxes share excellent tips to whip your work into shape BuzzFeed quizzes to test what (you think) you know Space to scribble! Journal your thoughts, questions, eureka moments as you go Chat more online with #TalkCriticalThinking Lecturers, request your electronic inspection copy here. SAGE Study Skills are essential study guides for students of all levels. From how to write great essays and succeeding at university, to writing your undergraduate dissertation and doing postgraduate research, SAGE Study Skills help you get the best from your time at university. Visit the SAGE Study Skills hub for tips, resources and videos on study success!

How I Found Freedom in an Unfree World - Harry Browne 1998

Decisive - Chip Heath 2013-03-26

The four principles that can help us to overcome our brains' natural biases to make better, more informed decisions—in our lives, careers, families and organizations. In *Decisive*, Chip Heath and Dan Heath, the bestselling authors of *Made to Stick* and *Switch*, tackle the thorny problem of how to overcome our natural biases and irrational thinking to make better decisions, about our work, lives, companies and careers. When it comes to decision making, our brains are flawed instruments. But given that we are biologically hard-wired to act foolishly and behave irrationally at times, how can we do better? A number of recent bestsellers have identified how irrational our decision making can be. But being aware of a bias doesn't correct it, just as knowing that you are nearsighted doesn't help you to see better. In *Decisive*, the Heath brothers, drawing on extensive studies, stories and research, offer specific, practical tools that can help us to think more clearly about our options, and get out of our heads, to improve our decision making, at work and at home.

How Women Decide - Therese Huston 2016-05-10

"An authoritative guide to help women navigate the workplace and their everyday life with greater success and impact" (Forbes). So, you've earned a seat at the table. What happens next? We all face hard decisions every day—and the choices we make, and how others perceive them, can be life changing. There are countless books on how to make those tough calls, but *How Women Decide* is the first to examine a much overlooked truth: Men and women reach verdicts differently, and often in surprising ways. Stress? It makes women more focused. Confidence? Caution can lead to stronger resolutions. And despite popular misconceptions, women are just as decisive as men—though they may pay for it. Pulling from the latest science on decision-making, as well as lively stories of real women and their experiences, cognitive scientist Therese Huston teaches us how we can better shape our habits, perceptions, and strategies, not just to make the most of our own opportunities, but to reform the culture and bring out the best results—regardless of who's behind them.

The Devil's Feast - M.J. Carter 2017-03-28

Investigative team Blake and Avery find themselves entangled in a case involving political conflicts, personal vendettas, and England's first celebrity chef. London, 1842. Captain William Avery is persuaded to investigate a mysterious and horrible death at the Reform, London's newest and grandest gentleman's club—a death the club is desperate to hush up. What he soon discovers is a web of rivalries and hatreds, both personal and political, simmering behind the club's handsome façade. At the center is its resident genius, Alexis Soyer, "the Napoleon of food," a chef whose culinary brilliance is matched only by his talent for self-publicity. But Avery is distracted, for where is his mentor and partner in crime Jeremiah Blake? And what if this first death is only a dress rehearsal for something far more sinister?

The Great Mental Models: General Thinking Concepts - Farnam Street 2019-12-16

The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more

likely you'll use the right tool for the job - and get it done right. The same is true when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. The Great Mental Models: General Thinking Concepts is the first book in The Great Mental Models series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet-

ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR HOME Ottawa, Ontario, Canada