

Gestalt Therapy Therapy Of The Situation

Eventually, you will agreed discover a further experience and capability by spending more cash. nevertheless when? get you take on that you require to acquire those every needs subsequently having significantly cash? Why dont you try to acquire something basic in the beginning? Thats something that will guide you to comprehend even more re the globe, experience, some places, in the same way as history, amusement, and a lot more?

It is your totally own time to take effect reviewing habit. among guides you could enjoy now is **gestalt therapy therapy of the situation** below.

Gestalt Therapy Practice - Gro Skottun 2021-09-07
This essential new book gives the reader an introduction to the fundamental concepts of gestalt therapy in a stimulating and accessible style. It supports the study and practice of gestalt therapy for clinicians of all backgrounds, reflecting a practice-based pedagogy that emphasises experiential learning. The content in this book builds on the curriculum

taught at the Norwegian Gestalt Institute University College (NGI). The material is divided into four main sections. In the first section, the theoretical basis for gestalt therapy is presented with references to gestalt psychology, field theory, phenomenology, and existential philosophy. In the later parts, central theoretical terms and practical models are discussed, such as the paradoxical theory

of change, creative adjustment, self, contact, contact forms, awareness, polarities, and process models. Clinical examples illustrate the therapy form's emphasis on the relational meeting between therapist and client. Detailed description of gestalt therapy theory from the time of the gestalt psychologists to today, with abundant examples from clinical practice, distinguishes this book from other texts. It will be of great value to therapists, coaches, and students of gestalt therapy.

Psychopathology of the Situation in Gestalt Therapy
Margherita Spagnuolo Lobb
2023

Reaching beyond standard textbook logic, this collection explores the impacts of difficult life situations on human development, experience, and functioning, through a phenomenological field-oriented lens. Each author offers a Gestalt-centered perspective on the circumstances of those whose lives are lived in pain--a situational window, which

includes the therapist and avails itself of tools configured to modify the entire experiential field. Through clinical case studies and theoretical reflections, the book examines the experience of children, difficult childhood situations (such as separations, abuse, neurodevelopmental disorders, adolescent social closure), the experience of dependency, couples and family therapy, the condition of the elderly and the end of life, interventions for degenerative diseases, and the trauma of loss and mourning, all of which are considered according to two cardinal points: first, the description of the relational ground experiences of those who are in pain and, second, a field perspective which allows the presence of the therapist to be modulated. *Psychopathology of the Situation in Gestalt Therapy: A Field-oriented Approach* is essential reading for Gestalt therapists as well as other mental health professionals with an interest in Gestalt approaches and the relationship between

individuals and society.

Gestalt Therapy - Frederick S. Perls 1994

Gestalt Therapy - Georges Wollants 2012-02-13

This seminal textbook on Gestalt therapy refreshes the theory of Gestalt therapy revisiting its European roots. Taking the basic premise that people do the best they can in relation to their own situation - a thoroughly Gestalt idea - leading European therapist Georges Wollants explains Gestalt theory and provides a useful critique of commonly taught concepts. - Each section approaches a key area of psychotherapy theory in context, while chapter summaries, illustrations and worked-through case examples help to make the theory accessible to all those training in Gestalt therapy. -

Commentaries from current experts in different areas of Gestalt provide a balanced overview of Gestalt therapy today. - The author brings in his extensive knowledge of European philosophers and

psychologists to offer a unique insight into Gestalt therapy. A readable, engaging clarification of Gestalt theory and practice, this will be a worthy addition to any trainee's reading list; not only in humanistic and integrative counselling and psychotherapy but also pastoral care in wider mental health training.

Gestalt Therapy - Gonzague Masquelier 2015-01-28

How can we reconcile our desire for freedom with the limits or routines that organize our existence? How do we affirm our personality while adjusting to the world? How can we be nourished by exchanges with others without losing our autonomy? Gestalt Therapy responds to these essential questions of our daily lives. An important branch of humanistic psychology, Gestalt Therapy emphasizes the importance of communication and contact, the ways that we maintain relationships with ourselves, others and our environment. It helps individuals to develop potential by going beyond rigid patterns

and to finally become creators of their own existence, each of us creating our own life rather than merely submitting to it. Gonzague Masquelier presents the history of fifty years of the Gestalt movement as well as its development in today's world. He begins with the story of its founders: Laura and Fritz Perls, and their associate, Paul Goodman. He explains how this unique therapeutic path developed little by little, through the meeting of European existentialism with American pragmatism. Then, he clearly explains the principal concepts which form the basis of this approach, illustrated by numerous clinical examples taken from his own professional experience. Finally, the author reviews the current areas of practice of the Gestalt approach: not only individual or group psychotherapy, but also within organizations, executive board rooms and the training professions. He offers an excellent synthesis of differing aspects of this important perspective within the field of

psychology today.

Gestalt Therapy - Serge
Ginger 2018-03-28

Gestalt Therapy has been developing steadily for the last 50 years in America as well as in Europe. It is currently practiced in different settings: individual, group, and family therapies; personal growth; social, medical and business organizations. This book describes a specific French approach: a synthesis of French culture (greatly influenced by psychoanalysis) along with a mobilizing and interactive method, emphasizing the cycle of contact, evoking the emotions, the body and the right hemisphere of the brain. This book is written mostly for beginners and for psychotherapy clients: it summarizes the central philosophy of this approach and the main techniques for the enrichment of contact. It includes sketches, charts, indexes, a glossary and a bibliography, which together comprise of a convenient tool. It also explains, in an

accessible way, the latest discoveries concerning the brain (neurosciences), dreams and sexuality.

THE GESTALT THERAPY BOOK - JOEL LATNER 1973

Human Interaction and Emotional Awareness in Gestalt Therapy - H. Peter Dreitzel 2021-03-25

In *Human Interaction and Emotional Awareness in Gestalt Therapy* H. Peter Dreitzel explores a model of the contacting processes between human beings and their environments and presents a phenomenological exploration of the emotions guiding such contacts. The book makes an important contribution to our understanding of the role of psychotherapy in the modern world, especially in the context of change and crisis. Dreitzel sets out a new perspective of how we interact with each other, how we frame our encounters and differentiate them from one another, how we give them meaning, and how they are related to our

needs and wants. This is followed by a unique phenomenological exploration of the emotions guiding such contacts, the first time the world of human feelings has been explored in depth and systematically analysed in Gestalt thought. These innovative explorations are framed first by a discussion of the historical development of Western conventions regarding everyday behaviour, and secondly by an examination of perspectives on climate change. Dreitzel analyses the mental and emotional states of potential clients as they are affected by these global processes and the book also includes an epilogue which evaluates how to work with climate anxiety. Dreitzel's conception of social change, with Gestalt therapy at its core, is relevant to all aspects of humanistic psychology. It elevates empathy, emotional development and the prevention of suffering at all levels of society, filling important gaps in Gestalt therapy theory and expanding

it into exciting new territory. Human Interaction and Emotional Awareness in Gestalt Therapy also contains an insightful foreword by Michael Vincent Miller, PhD, and will be essential reading for Gestalt therapists, other professionals with an interest in Gestalt approaches and readers interested in social interaction, climate change and the role of psychotherapy in a changing world.

Brief Gestalt Therapy - Gaie Houston 2003-06-25

`Anybody with the slightest interest in brief therapy should read this book. Now that the initial controversy over brief therapy has begun to subside it is great to see how brief therapy works in practice. Gaie Houston's book is part of a series published by SAGE which sets out to do this - and hers is particularly illuminating and accessible. As she points out Gestalt is better equipped than many mainstream therapies to be applied to situations with extreme time constraints because it is both flexible and it acknowledges

the part that can be played by other therapies. But what propels Houston's book out of the hum drum - or indeed the defensive (or offensive) diatribes about short therapy which have appeared over the past few years - is her vivid accounts of real-life sessions, both one to one and group, which punctuate the text' - Amazon Review Brief Gestalt Therapy demonstrates how the Gestalt approach can be used effectively in brief interventions with clients. Gestalt's distinctively integrative nature and emphasis on a highly co-operative working alliance, make it particularly suited to brief work. The book sets out the basic theory and principles of Gestalt and looks at each phase of the therapeutic process from initial assessment through the beginning and middle stages to the ending of the work. It presents clear, practical strategies for therapists to follow and in particular examines: } aspects of Gestalt which are especially relevant to brief work -} the

elements of successful therapy
-} ways of improving skills.
Brief Gestalt Therapy includes vignettes and detailed case studies which bring the theory alive. It will contribute much to both existing literature on Gestalt therapy and also brief therapy, and will be invaluable to trainee and practising Gestalt therapists.

Gestalt Therapy Now - Joen Fagan 1971

Awareness, Dialogue & Process
- Gary M. Yontef 1993

Gestalt Therapy - Dr. Philip Brownell, M.Div., Psy.D.
2010-03-18

This book is a practical, professional reference on the practice of Gestalt Therapy (GT) by Philip Brownell, a leading practitioner and scholar in the field. The book covers the philosophical basics of GT and contrasts it with various types of psychotherapeutic approaches. The book also provides guidelines on how to apply GT principles to therapeutic practice with clients. Lastly,

the authors cover training on a post-graduate level, certification, and continuing education issues relevant for the practicing therapist. Key Features: Explains Martin Buber's use of "dialogue" in gestalt therapy and how to practice in a dialogical manner Compares and contrasts the features of a gestalt system of diagnosis with Diagnostic and Statistical Manual of Mental Disorders (DSM) Provides GT treatment planning and case management practices

Gestalt Therapy - Dave Mann
2010-09-13

Gestalt therapy offers a present-focused, relational approach, central to which is the fundamental belief that the client knows the best way of adjusting to their situation. By working to heighten awareness through dialogue and creative experimentation, gestalt therapists create the conditions for a client's personal journey to health. Gestalt Therapy: 100 Key Points and Techniques provides a concise guide to this flexible and far-reaching approach. Topics discussed

include: the theoretical assumptions underpinning gestalt therapy gestalt assessment and process diagnosis field theory, phenomenology and dialogue ethics and values evaluation and research. As such this book will be essential reading for gestalt trainees, as well as all counsellors and psychotherapists wanting to learn more about the gestalt approach.

The Handbook of Gestalt Play Therapy - Rinda Blom 2006

This book is an introduction to gestalt play therapy a technique which combines the principles of gestalt theory with play techniques, so that children are able to use play to address their needs and problems. Research has shown that this approach can be applied successfully in children with different types of emotional problems in order to improve their self-support and self-esteem. The Handbook of Gestalt Play Therapy provides the reader with an explanation of gestalt theory, a practical explanation of the gestalt play

therapy model and also a wide range of play techniques that can be applied.

Towards a Research Tradition in Gestalt Therapy

- Jan Roubal 2016-12-14

Gestalt therapy is well-grounded in its daily practice, but is a field which is still in the process of developing a research tradition to support this practice. Gestalt practitioner researchers devote themselves to the generation of interest in the field, the enlargement of capacities and expertise, and the sharing of research projects and their findings. The larger Gestalt community realises that such research has begun to take place, but it requires more information and to be brought into the conversation through a book that speaks of philosophy and method and actually shares some of the research that emerges. This volume fills this lacuna, collecting for the first time the theoretical grounds for research in Gestalt therapy, and introduces useful research methods and presents actual research projects to

provide inspiration to Gestalt practitioner researchers. The book will be helpful not only to Gestalt therapists interested in research, but also to students of Gestalt therapy involved in training, as it will serve to bolster their own academic performance. It will also be of interest to the larger field of psychotherapy research, in demonstrating how a clinical school based on principles such as existential dialogue, phenomenology and field theory is responding to the need for evidence-based practice, and is keeping pace with the needs of a twenty-first century professional community.

Gestalt Therapy Practice - Gro Skottun 2021-08

This essential new book gives the reader an introduction to the fundamental concepts of gestalt therapy in a stimulating and accessible style. It supports the study and practice of gestalt therapy for clinicians of all backgrounds, reflecting a practice-based pedagogy that emphasises experiential learning. The content in this

book builds on the curriculum taught at the Norwegian Gestalt Institute University College (NGI). The material is divided into four main sections. In the first section, the theoretical basis for gestalt therapy is presented with references to gestalt psychology, field theory, phenomenology and existential philosophy. In the later parts central theoretical terms and practical models are discussed, such as the paradoxical theory of change, creative adjustment, self, contact, contact forms, awareness, polarities, and process models. Clinical examples illustrate the therapy form's emphasis on the relational meeting between therapist and client. Detailed description of gestalt therapy theory from the time of the gestalt psychologists to today, with abundant examples from clinical practice, distinguishes this book from other texts. It will be of great value to therapists, coaches and students of gestalt therapy. Handbook for Theory, Research, and Practice in

Gestalt Therapy - Philip

Brownell 2009-03-26

Many books have been written about gestalt therapy. Not many have been written on the relationship between gestalt therapy and psychotherapy research. The Handbook for Theory, Research, and Practice in Gestalt Therapy is a needed bridge between these two concerns, and a timely addition to scholarly literature on gestalt therapy itself. In 2007 an international team of experienced gestalt therapists devoted themselves to create this book, and they have collaborated with one another to produce a challenging and enriching addition to the literature relevant to gestalt therapy. The book discusses the philosophy of science, the need for research specifically focused on gestalt therapy, and the critical realism and natural attitude found in both research and gestalt praxis. It provides discussions of qualitative and quantitative research, describes the methods of gestalt therapy as based in a unified theory, and illustrates

the application of research in the contexts of emerging gestalt research communities. The discussion contained in this book is needed at a time when warrant for the practice of psychotherapy is increasingly sought in the empirical support available through psychotherapy research—the so called evidence-based movement—and at a time when public policy is increasingly driven by the call for "what works."

Gestalt Therapy - Frederick S.

Perls 1973

First published in the USA in 1951.

Christianity and Gestalt

Therapy - Philip Brownell

2020-06-01

Christianity and Gestalt Therapy is a unique integration written for psychotherapists who want to better understand their Christian clients and Christian counselors who want a clinically sound approach that embraces Christian spirituality. This book explores critical concepts in phenomenology and how they relate to both gestalt therapy

and Christianity. Using mixed literary forms that include poetry and story, this book provides a window into gestalt therapy for Christian counselors interested in learning how the gestalt therapeutic model can be incorporated into their beliefs and practices. It explores the tension in psychology and psychotherapy between a rigid naturalism and an enchanted take on life. A rich mix of theory, philosophy, theology, and practice, Christianity and Gestalt Therapy is an important resource for therapists working with Christian patients.

Counseling Psychology Ruth Chu-Lien Chao 2015-04-20
Counseling Psychology: An Integrated Positive Approach introduces a new dimension in counseling psychology which includes both symptom treatment and positive psychology; this unique approach guides readers to enhance clients' positive potential, rather than focusing solely on the treatment of clients' negative symptoms. An integrative

counseling approach which maximizes graduate students' understanding of counseling theories and positive psychology Enables counselors to tailor integrative counseling to multicultural clients, helping graduate students and mental health professionals become culturally sensitive Discusses how clients manage day to day living, and can even thrive despite severe symptoms
Opening Doors - Daniel Rosenblatt 1975

Places the reader in actual individual and group therapy situations to illustrate the author's practice of Gestalt psychotherapy.

Object Relations in Gestalt Therapy - Gilles Delisle 2018-04-19

The author of *Personality Disorders: a Gestalt Therapy Perspective* proposes a revision of Perls, Hefferline and Goodman's Theory of the Self in a way that brings it closer to contemporary issues in the area of Personality Disorders. Understanding splitting and projective identification that

chronically lead to experiential impasses, is an essential feature of the psychotherapy of the more severe personality disorders. In order to do so within the Gestalt framework, the author integrates certain developmental concepts from object relations theory, especially those put forth by W.R.D. Fairbairn (1954). This revised developmental perspective leads to an Object Relational Gestalt Therapy, in which the here-and-now therapeutic relationship is related to the there-and-then of the developmental past, as well as to the there-and-now of the client's current life situation. This text contains the integral version of the author's doctoral thesis.

Gestalt Therapy - Talia Levine Bar-Yoseph 2012

This book is a collaboration of some of the best thinkers in the Gestalt therapy world and offers a high-level summary of recent and future developments in theory, practice and research.

Gestalt Therapy - Gordon Wheeler 2015

Gestalt Therapy provides an introduction to the theory, historical evolution, research, and practice of this process-oriented approach to psychotherapy. Gestalt therapy arose as a reaction to psychodynamism and behaviorism, the dominant approaches of the mid-twentieth century. Its major tenets - a rejection of traditional notions of objectivity, a radical (for the time) focus on building rapport between therapist and client as a relationship of equals, careful attention to the bodily sensations that accompany strong emotions, and a guiding belief in the therapy room as a problem-solving laboratory in which experimental approaches towards interpersonal relations can be attempted in a safe setting - have been widely incorporated into a broad range of approaches today. Open-ended and inquisitive rather than a rigid, manualized set of techniques, Gestalt is a set of guiding principles that inspire an active, present-focused,

relational stance on the part of the therapist. This essential primer, amply illustrated with case examples featuring diverse clients, is perfect for graduate students studying theories of therapy and counseling, as well as for seasoned practitioners interested in understanding how this approach has evolved and how it might be used in their own practice.

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy - Edward S.

Neukrug 2015-02-12

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two-volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements. This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses. This

is a quick, one-stop source that gives the reader the “who, what, where, how, and why” of contemporary counseling and psychotherapy theory. From historical context in which the theories were developed to the theoretical underpinnings which drive the theories, this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter. Features & Benefits: Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats. Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context. A Master Bibliography and a Resource Guide to key books, journals, and organizations guide students to further resources beyond the encyclopedia. The Reader’s Guide, a detailed Index and the Cross References combine for effective search-and-browse in the e-version and helps students take the next steps in their research

journeys. This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory. It is ideal for the public and professionals, as well as for students in counselor education programs especially those individuals who are pursuing a Masters level degree.

The Empty Chair - Vikram Kolmannskog 2018-04-19
Through eight compelling stories we get to know the Gestalt therapist Vikram Kolmannskog and some of his clients. These include the businessman Carl who is suffering from chronic burnout, the overwhelmed Marianne who believes she may have been the victim of sexual assault, the trans woman Annette who breaks with dominant gender norms, the prisoner Jonny who is now encircled by his own self-made wall of isolation, and the beautiful Ask, who falls in love and others fall in love with - including the therapist Vikram.

Through these tales of psychotherapy we see how both suffering and healing can occur. With increased awareness and through dialogue we can experience more of ourselves, the other and our world. We become more whole - and that is a good definition of health.

Skills in Gestalt Counselling & Psychotherapy - Phil Joyce
2018-04-09

This practical guide to the gestalt approach has successfully introduced thousands of trainee therapists to the essential skills needed in gestalt practice. The authors offer practical guidance on the entire process of therapy including setting up the therapeutic session, creating a working alliance, assessment and treatment direction, managing risk, supervision, adopting a research approach, and managing difficult encounters. The Fourth Edition has been updated to include: Some implications of working in the twenty-first century, including working virtually
Updated content on trauma An

enhanced discussion of mindfulness and awareness
New case examples and exercises Updated references and further reading

Gestalt Therapy - Edwin C. Nevis 2014-05-22

Gestalt Therapy: Perspectives and Applications is a classic text which, when it was first released in 1992, signaled a renaissance of Gestalt scholarship throughout the world. In this volume, Edwin Nevis, one of the foremost Gestalt writers, thinkers, and practitioners of the last 40 years, skillfully draws together a diverse selection of essays from Gestalt therapists of every persuasion, united here by the clarity of their thought, and the constancy of commitment to the development and extension of the Gestalt model. Here you will find one of the finest overviews of classical Gestalt therapy theory and practice available: groundbreaking essays on such topics as diagnosis and ethics from a Gestalt perspective, and an assortment of pragmatic clinical essays of immediate

value to the working practitioner.

Gestalt Therapy Claudio Naranjo 2000

This remarkable exploration of the inner principles of Gestalt therapy originated over 20 years ago in the form of a completed book, written at Fritz Perls' request. Now fully updated by the author, it is joined by a collection of essays that present the Naranjo's reassessment of Gestalt therapy for the present day. In his fascinating study Naranjo has captured the flavour and distinctive character of the California-based school of Gestalt therapy, propagated by Perls in his last years as a teacher and exemplar of the approach he pioneered. Lively and readable, learned and insightful, this book will be indispensable both for professionals and the lay-reader, demonstrating why Fritz Perls was truly the father of the now-flourishing human potential movement.

Gestalt Therapy - Georges Wollants 2012-03-05

This seminal textbook on

Gestalt therapy refreshes the theory of by revisiting its European roots. Taking the basic premise that people do the best they can in relation to their own situation, leading European therapist Georges Wollants explains Gestalt theory and provides a useful critique of commonly taught concepts. Each section approaches a key area of psychotherapy theory in context, while chapter summaries, illustrations and worked-through case examples help to make the theory accessible to all those training in Gestalt therapy. Commentaries from current experts in different areas of Gestalt provide a balanced overview of Gestalt therapy today.

Gestalt Therapy Around the World - Eleanor O'Leary
2013-04-01

The first internationally focused book on gestalt therapy to provide a comprehensive overview of current practice around the world. Features coverage of the history, training,

theoretical contributions, and research initiatives relating to gestalt therapy in seventeen countries Points to future directions and challenges Includes extensive information on worldwide gestalt associations, institutes, and professional societies that promote the development of the approach

Gestalt Therapy Margaret P. Korb 1989

Counseling Theory - Richard D. Parsons 2014-01-16
Organized around the latest CACREP standards, *Counseling Theory: Guiding Reflective Practice*, by Richard D. Parsons and Naijian Zhang, presents theory as an essential component to both counselor identity formation and professional practice. Drawing on the contributions of current practitioners, the text uses both classical and cutting-edge theoretical models of change as lenses for processing client information and developing case conceptualizations and intervention plans. Each chapter provides a snapshot of

a particular theory/approach and the major thinkers associated with each theory as well as case illustrations and guided practice exercises to help readers internalize the content presented and apply it to their own development as counselors.

Gestalt Therapy - Peter Philippson 2018-03-08

There has been a renewed interest in the last ten years in the underpinnings - theoretical, philosophical, and historical - of the Gestalt approach. Often in the past, these have been lost in oversimplified versions of the therapy. The author's aim in his writings has been to provide a full and coherent account of Gestalt theory, and to emphasise our links to our therapeutic and philosophical heritage, particularly psychoanalysis and existentialism. His theme is a field-relational theory of self as the centrepiece of the approach, and how this has been placed within a structure that is still recognisably psychoanalytic. In this approach, self is understood as

meaningful only in relation to what is taken as other, and how that other is contacted. The formation of a relatively coherent self-concept is a task, not a given, and can be problematic as well as helpful (when it no longer supports the person's life-situation).

Enchantment and Gestalt Therapy - Erving Polster 2020-11-30

Enchantment and Gestalt Therapy is a personal exploration of Erving Polster's remarkable career, the value of the Gestalt approach, and the power of enchantment in psychotherapy. Polster points ahead to a vision of a psychotherapy that includes the population as a whole rather than focusing on individuals, highlights common aspects of living, and focuses on creating an ethos for a shared understanding. The book outlines the six Gestalt therapy concepts that have formed the basis of Polster's work and describes Life Focus Groups, with an emphasis on the communal relationship between tellers and listeners.

Polster also describes the phenomenon of enchantment in psychotherapy in detail, with reference to his own experiences. This unique work is essential reading for Gestalt therapists, other professionals interested in Gestalt approaches, and readers looking for a deeper insight into community and connection.

Gestalt Therapy - Ansel L. Woldt 2005-01-20

Introducing the historical underpinnings & fundamental concepts of Gestalt therapy, this volume takes both a conceptual & a practical approach to the examination of classic & cutting-edge constructs.

Gestalt Therapy Now - Joen Fagan 2008-04

Creative License - Margherita Spagnuolo Lobb 2011-06-28

The time is ripe, more than fifty years after the publication of the magnum opus by Perls, Hefferline & Goodman, to publish a book on the topic of creativity in Gestalt therapy. The idea for this book was

conceived in March 2001, on the island of Sicily, at the very first European Conference of Gestalt Therapy Writers of the European Association [or Gestalt Therapy. Our starting point was an article on art and creativity in Gestalt therapy, which was presented there by one of the editors, and illuminated by a vision, held by the other editor, of bringing together colleagues from around the world to contribute to a qualified volume on the subject of creativity within the realm of Gestalt therapy. We wanted to continue the professional discourse internationally and capture the synergetic effects of experienced colleagues' reflections on various aspects of our chosen subject. Moreover, we intended to explore how the theoretical reflection of one's practice can inspire effective interventions and, vice versa, how the discussion of practical experiences can shape new theoretical directions. Hence, our aim in this book is to create a forum on the concept of creativity in Gestalt therapy.

**Gestalt Therapy for
Addictive and Self-
Medicating Behaviors** - Philip
Brownell 2011-12-20
Print+CourseSmart
Gestalt Therapy Integrated -

Erving Polster 1974-07-12
Explains the fundamentals of
the behavioral theory that is
based on an integrated view of
the personality. For the student
and the professional.